

Recreation Department
Acton Town Hall
472 Main Street
Acton, MA 01720
Web: www.acton-ma.gov
Email: recreation@acton-ma.gov

Newsletter Tidbits...

- Interactive Winter Playtime
- Start Smart Sports Development
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- Indoor Field Hockey
- Kids & Adults Winter Snowshoe/Hiking Classes
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- Carnival Yoga
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- Floral Arts Workshops
- Foxwoods Casino
- St. Patrick's Shamrock Festival
- Winterfest 2007

www.acton-ma.gov

ACTON RECREATION WINTER NEWSLETTER

A Note from Recreation . . .

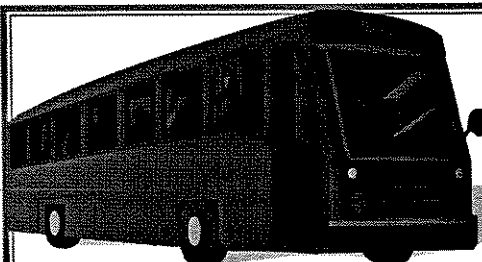
We hope that you enjoyed the fabulous fall foliage we had this year. With our fall classes winding down, we would like to share our winter programs offered this season. If you have any questions, please don't hesitate to contact our department either in person at the Acton Town Hall or by email at: recreation@acton-ma.gov or call 978-264-9608.

Registration forms are available on the back of this newsletter. You may also stop by the department to sign-up for any classes.

Thank you for supporting your Recreation Department!

Cathy Fochtman, Recreation Director

Maura Haberman, Event Coordinator/Administrative Assistant



UPCOMING WINTER SPRING 2007 BUS TRIPS

Hop on board with one of our fabulous and fun bus trips.

Sign up now as space is limited!

The following trips are planned and all pricing includes round trip bus transportation and more!

Call or stop by the Recreation Department for more trip details.

1. Saturday, December 16, 2006: NYC Annual Holiday Bus Trip. \$55 per person. This is an unguided bus trip. Kids under 18 not allowed without parent/guardian.
2. Saturday, February 10, 2007: Foxwoods Casino. \$35 per person (must be over 21 years of age).
3. Friday, February 23, 2007 (school vacation week): **American Girl Place, NYC** for ages 6 and up. \$149 per person. Mothers, grandmothers, aunts and daughters... enjoy lunch, a show, and a magical experience with the American Girl dolls.
4. Saturday, March 17, 2007: St. Patrick's Day Shamrock Festival at Indian Hill, Lincoln, NH. (must be over 21 years of age), \$89 per person. Deluxe St. Patrick's luncheon buffet and welcome reception, entertainment featuring Irish Tenor Dan Ryan, the Irish Mist Band, Step Dance to Riverdance Show with Irish Sing-a-long, Irish mug souvenir for all! Free individual photos for everyone.
5. Wednesday, April 18, 2007 (school vacation week): **Fenway Park Tour, Museum of Science IMAX Theatre, and Lunch.** This special school vacation trip has been arranged for kids ages 13+. We will be providing chaperones for parents not attending. Please inquire for price.
6. Saturday, April 21, 2007: Blithwold & Lindon Place (Rhode Island)—Mansions, gardens and arboretum (Springtime Daffodil Display). Please inquire for price.

Upcoming Summer/Fall 07 trips—please inquire for more information

1. Saturday, June 16, 2007: Block Island—ferry from Point Judith, RI, lunch and narrated tour of the island, shopping
2. Saturday, June 23, 2007: Newport Flower Show
3. August 10-12, 2007: Baltimore Orioles vs. Boston Red Sox in Baltimore.
4. Saturday, October 10, 2007: No. Conway, NH. Fall foliage train ride and more
5. Sat. & Sun., October 6 & 7, 2007: Hershey Park, PA! (overnight-Columbus Day Weekend)

INTERACTIVE WINTER PLAYTIME: NEW!**PROGRAM #2**

Join other 3-5 year-olds as we explore various activities and games weekly. Each week there will be a new sport, game or activity. This is a fun, interactive parent-child class. A great chance for parents and children to meet new friends!

Day/Dates: Tuesdays: January 9, 16, 23, 30, February 6 and 13. (Feb. 20th is snow make-up if needed)

Time: 11:00AM-11:45AM

Location: Church of the Good Shepherd (Activities Room), 164 Newtown Road, Acton

Fee: \$43 per child, \$39 additional child-same family

Instructor: Jamie Norton/Acton Recreation Department

START SMART SPORTS DEVELOPMENT**PROGRAM #5**

Start Smart Sports Development teaches children ages 3-5 the basic motor skills necessary to play organized sports, while they work one-on-one and spend quality time with their parents. The program focuses on teaching children and their parents basic sport mechanics without the threat of competition or the fear of getting hurt. This class focuses on the skills of catching, throwing, kicking and hitting.

Day/Dates: Tuesdays: January 9, 16, 23, 30, February 6 and 13. (Feb. 20th is snow make-up if needed)

Time: 9:00AM-9:45AM

Location: Church of the Good Shepherd (Activities Room), 164 Newtown Road, Acton

Fee: \$43 per child, \$39 additional child-same family

Instructor: Jamie Norton/Acton Recreation Department

START SMART BASKETBALL**PROGRAM #8**

Start Smart Basketball teaches children ages 3-5 the basic motor skills necessary to play organized basketball, while they work on-on-one and spend quality time with their parents. The program focuses on teaching children and their parents dribbling/ball handling, shooting, passing/catching, and running/agility without the threat of competition or the fear of getting hurt. Each week, exercises become increasingly more challenging as the class progresses and the children show improvement.

Day/Dates: Tuesdays: January 9, 16, 23, 30, February 6 and 13. (Feb. 20th is snow make-up if needed)

Time: 10:00AM-10:45AM

Location: Church of the Good Shepherd (Activities Room), 164 Newtown Road, Acton

Fee: \$43 per child, \$39 additional child-same family

Instructor: Jamie Norton/Acton Recreation Department

THEATRE IN THE PARK—SUMMER 2007 ALL NEW**PROGRAM #13**

Registrations are now being accepted for a brand new children's theatre group. Rehearsals for both productions will be held at NARA Park from 5:30-8:30 PM. Directed by Mary Spinoza-Wilson

Session 1: Treasure Island, A Musical

Dates: June 25, 26, 27, 28, July 2, 3, 5, 6, 9, 10, 11 **Show Dates:** July 12 & 13, NARA Park

Session 2: Once On This Island

Dates: August 13, 14, 15, 16, 20, 21, 22, 23, 27, 28, 29 **Show Dates:** August 31 & 31, NARA Park

Fee Per Session: \$359 through March 3, 2007 \$375 April 1-May 31, 2007 \$395 After June 1, 2007

AMERICAN GIRL PLACE, NYC FOR AGES 6+**PROGRAM # 17**

Come and spend a day you'll never forget ~ enter the world of magical experiences and memories they'll cherish forever after a visit to American Girl Place. "I can be brave, I can be true..." The American Girls Revue brings the stories of the American Girl characters to life. Girls discover possibilities and the inspiration to make their dreams come true. Your day in NYC will include deluxe motorcoach transportation throughout, refreshments served on board. Spend the day browsing shops with rooms filled with beautiful dolls, accessories, and outfits for both girls and dolls. Luncheon included at the American Girl Café with its whimsical black-and-white décor and a special seating for the American Girls Revue. All taxes and gratuities for included features excluding customary gratuities to driver and escort. Tour escort throughout.

Date/Time: Friday, February 23, 2007 (School Vacation Week), departing at approx. 6:00 AM and returning approx. 10:00 PM.

Fee: \$149 per person

Special cancellation/refund policy applies: up to 30 days of departure \$60 per person, no refunds for cancellations received within 30 days of departure.

CARNIVAL YOGA—PARENT/CHILD: NEW!**PROGRAM #22**

This is a class for 5-year-olds to adult and/or families! You'll be having so much fun you won't even realize you're doing yoga! We practice basic yoga postures, partner yoga and group yoga. We also include other fun circus activities like juggling, walking the "tight wire," and cooperative games. You will improve your balance, coordination, fitness, and outlook on life. This is a GREAT class to share with your child. All levels are welcome! More info: www.onestopfun.com (978) 692-9907

Session 3: January 22-April 1, 2007 (no class 2/28-2/24)

Session 4: April 2—June 10, 2007 (no class 4/8, 4/15-4/21, 5/29)

Time: 4:30-5:15 PM

Location: One Stop Fun, 49 Power Road, Westford (near Nashoba Valley Ski Area)

Fee per session: \$120 per session (save \$50 registration fee!)

JR. CHEFS**PROGRAM #23**

Children will gain experience in the kitchen creating exciting hearty meals while having fun in the kitchen. Children must wear sneakers to class. Please provide a take home container for your child.

Session 5: Thursday, January 11, 2007 — Orient Express (egg rolls, fried rice, stir fry and Chinese tea)

Session 6: Thursday, February 8, 2007 — Breakfast Buffet (waffles, muffins, pancakes, French toast)

Time: 2-4:00 PM

Location: Council on Aging Building (Sr. Citizen's center), Audubon Hill Road (off High Street), South Acton

Fee: \$20 per session

Instructor: Acton Recreation Department

KIDS WINTER SNOWSHOE/WINTER HIKE**PROGRAM #28**

This class will introduce children in grades 3-6 how to snowshoe and/or winter hike. Children will learn how to put on snowshoes, walk on ice, deep snow and walk up and down slopes. We will meet once a week for 5 weeks. Class hikes will vary in terrain and length, but will begin at the NARA Park Bathhouse. Hot chocolate will be given at the end of each class.

Day/Dates: Thursdays, January 25—March 1, 2007 (no class Feb. 22):

Time: 3:00-4:00 PM

Location: NARA Park

Fee: \$30 (includes use of snowshoes) Please wear boots and dress for the weather.

Instructor: Cathy Fochtman, Recreation Director

INDOOR FIELD HOCKEY**PROGRAM #29**

Keep your field hockey skills sharp over the winter by playing field hockey weekly at an indoor facility. We'll meet for one hour, once weekly to work on improving our game and increasing our skill level. Open play for anyone grades 7-12. This is a non-instructional class designed for open play. Many participants bring their own stick, but we do have sticks available. Mouth-guard and shin guards are required for all participants and must be worn during play.

Day/Dates: Thursdays, November 30, 2006-March 15, 2007 (no class 12/28 or 2/22)

Time: 3:00-4:00 PM

Location: Acton Indoor Sports, Rt. 2A, (heading East, located on right side of road prior to Concord Rotary)

Fee: \$138 for 14 weeks—Fee can be pro-rated, pending availability.

Instructor: Laura Sikalis and/or Acton Recreation Department

BALLOON ART & MAGIC TRICK WORKSHOPS—NEW!**PROGRAM #38**

A one-day drop-off workshop for children ages 7+ (under 7 must have parent present). Children will learn the art of balloon creations and top secret magic tricks! Michael Lynn, two-time world balloon twisting champion, will show your child a new and fun activity they will be able to take with them for a lifetime—they'll be the hit of the party! More info: www.balloonanimal.com

Magical Date: Saturday, January 20, 2007

Time: Full Day: 10:00AM-3:00 PM Balloon Only: 10:00-12:00 Magic Only: 1:00-3:00

Location: Council on Aging Acton (new location)

Fee: \$25 per session or \$40 for both — includes take home balloon/magic kit.

Location: Council on Aging Building (Sr. Citizen's center), Audubon Hill Road (off High Street), South Acton

Instructor: Michael Lynn (Acton Recreation Personnel will be on site).

Special Note: For children attending full day, please pack a bag lunch. We will provide snacks and juice.

ADULT WINTER SNOWSHOE/WINTER HIKE—THROUGH ACTON CONSERVATION LANDS PROGRAM #51

This class will introduce adults to snowshoeing and/or winter hiking. You will learn how to put on snowshoes, walk on ice, deep snow and up and down slopes. If you prefer to just hike the trails, please wear snow boots. Class hikes will vary in terrain and length, but will begin at NARA Park Bathhouse. Hot chocolate will be offered at the end of each class.

Day/Dates: Wednesdays, January 24-February 28, 2007 (no class 2/21)

Time: 10:00 AM—12:00 PM (end time approximate depending upon class session trail)

Location: 1st class meets at NARA Park **Fee:** \$35

Instructor: Cathy Fochtman, Recreation Director

FLORAL ARTS WORKSHOPS**PROGRAM #60**

Join Cathy Fochtman, Master Gardener, for a great floral workshop creating seasonal floral creations for your home. Cathy has exhibited at Worcester County Horticultural Society's Flora in Winter event at Tower Hill Botanical Garden. In the spring Cathy assists at the NE Flower Show in Boston. Don't miss out on this great class!

Session 1: January—Paperwhite Dish Garden

Day/Dates: Saturday, January 13, 2007

Time: 10:00AM-11:30 AM

Location: NARA Park Bathhouse

Session 2: February—Sweetheart Arrangement

Day/Dates: Saturday, February 10, 2007

Time: 10:00AM-11:30Am

Location: NARA Park Bathhouse

Fee: \$20 per class session and cost of materials (approx. \$25)

Instructor: Cathy Fochtman, Recreation Director

WINTERFEST 2007**PROGRAM #77**

Join us for a great winter celebration at NARA Park with lots of fun activities including the KISS 108 Street Team, bonfire, sleigh rides, curling, sledding, ice skating, ice sculpting, ReMax balloon rides, snowball toss, snowball relay, chili cook-off, costumed characters, food and drink. If you are interested in sponsoring an event or can volunteer, please contact us at recreation@acton-ma.gov or call 978-264-9608. To enter the chili contest, fill out program registration with ingredients listed on the back.

Day/Dates: Saturday, February 3, 2007

Time: 4:00PM—8:00PM

Location: NARA Park

Fee: free, donations greatly appreciated

Hosted by: Acton Recreation Department

Special Note: All activities listed are subject to changes and subject to weather permitting

CLASS/TRIP REGISTRATION FORM —

**PLEASE COMPLETE FORM, SIGN AND RETURN WITH PAYMENT TO:
ACTON RECREATION DEPARTMENT, 472 MAIN STREET, ACTON, MA 01720**

Program Name: _____ Program # _____

Date of Session: _____ Time: _____ Location: _____

Participant Name: _____ Age: _____ Grade: _____

If participant is under age 18, please print parent/guardian full name: _____

Mailing Address: _____ Town: _____ ST _____ Zip: _____

Email: _____ @ _____ • _____

(email addresses will not distributed, they are for class notifications and/or cancellations)

Telephone—Home: _____ Work: _____ Emergency _____

Notes: _____ Special Accommodations needed: _____

Refunds and withdrawals: You may withdraw from a program up to 7 (seven) business days prior to the program start date—an non-refundable administrative fee of \$10 will be applied to all registrations. After that time, no refunds will be issued. All refunds must be submitted in writing to the Recreation Department requesting withdrawal and refund. It will take 2-3 weeks for a refund to be processed. Certain programs and trips have a separate refund policy and will be duly noted in description and/or form. **Class Cancellation Policy:** Classes are cancelled if AB Schools have closed due to weather or poor field conditions. Programs run outside of the Rec. Dept. are responsible to notify participants of class cancellation. Efforts will be made to make-up weather cancelled classes, but are not guaranteed. Any class cancellations due to an illness of an instructor will be made-up or refunded. Refunds will not be offered due to a participant's inability to partake in missed/cancelled make-up session.

By signing below, I agree to hold harmless the Town of Acton and/or its employees from claims or liability related to any accident that may occur. I give permission for medical treatment to be given if the need arises. I acknowledge the refund policy and cancellation policy for the program in which I have signed up for.

Signature: _____ Date: _____